



Help Heal a Hurting World

LENT 2009: Feb. 25 – Apr. 12 (Offerings for ERD)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			25	26	27	28
			Ash Wednesday Add two cents for every text message you send today	Add a quarter for every glass of milk you drink today	Add a nickel for every egg in your refrigerator	Add a quarter for Every bottle of medicine in your house
March 1	2	3	4	5	6	7
Thank God for the food you have to eat today	Add fifteen cents if you go to bed on time tonight, fifty cents if you do not	Add a nickel for every video game you play today	Add a nickel for every stuffed animal you have	Add fifteen cents if you compost and a quarter if you do not	Add 10 cents every time you took a drink of water today	Add fifteen cents each time you ate out this week, include school lunch and take-out.
8	9	10	11	12	13	14
Say a prayer for those who do not have a roof over their heads or a bed to sleep in	Add twenty cents if you have chocolate milk in your refrigerator, a dime if you have white milk	Add three cents every time you used electricity today	Add a dime for every room in your house and a quarter if you have your own room	Add fifteen cents if you got up the first time you were called, a quarter if you did not	Add a quarter for every pet you have	Add a nickel for every argument you had this week
15	16	17	18	19	20	21
Thank God for friends and family	Add a nickel each time you use water, include flushing the toilet, washing dishes, and drinking	Add fifty cents for every iPhone or Blackberry your family has	Add a quarter if you are reading a book and fifty cents if you are not	Add a quarter for every bed in your house	Add a nickel for every time you ate a fresh vegetable or piece of fruit today	Add a dime if you came to dinner the first time you were called and a quarter if not.
22	23	24	25	26	27	28
Say a prayer for those children who have lost their parents	Add a quarter if you have a backpack	Add fifteen cents if you help with chores today and a quarter if you do not	Add fifteen cents if you share a bed and a quarter if you have your own bed	Add a nickel for every time you use your computer today	Add a dime for every soda or bottled water you drink today	Add a quarter if you cleaned your room this week and fifty cents if you did not
29	30	31	April 1	2	3	4
Thank God for clean water with which to brush your teeth and wash your face	Add a nickel for every different kind of vegetable in your refrigerator	Add a dime for every phone in your family & a quarter if you have your own phone	Add a nickel each time you use water, include flushing the toilet, washing dishes, and drinking.	Add a dime every time you ride in a vehicle today & thank the person who drove you	Add a dime for every pillow in your bedroom and fifty cents if you have a down comforter	Add a quarter if you take a shower or bath today
5	6	7	8	9	10	11
Palm Sunday Thank God that you have Jesus	Add three cents every time you use electricity today	Add three cents for every pair of shoes in your house	Add a dime for every window in your house	Maundy Thursday Help another person today and thank God for being able to help	Good Friday Say a prayer for all those people who are suffering	Holy Saturday Pray for those who are lonely Tomorrow is Easter Sunday